|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **2021-2022** | A picture containing text  Description automatically generated**Bachelor of Arts (B.A.) Degree: Health and Physical Education Major – (non-teaching)**  **Name:       ID:** | | | | | | | |
| **Courses in BOLD are required by this major**  **Courses in regular type are to fulfill essential education requirements and DO NOT have to be taken the specific semester stated. If you choose to earn an Essential Education Theme Concentration, you must complete 4 theme-based courses from one of the Essential Education themes.**  ***Courses in ITALIC are strongly recommended***  **+Denotes courses offered only every other year**  **ALSO REQUIRED FOR GRADUATION**   * **120 credit hours** * **39 Upper division credits** * **2.00 GPA** * **Completion of all major & essential education requirements** |
| **First Year Fall** | **EE Learning Outcome** | **Sem Hours** | **Date Met** | **First Year Spring** | **EE Learning Outcome** | **Sem Hours** | **Date Met** |
| INTD1100 Critical Thinking in the Liberal Arts & Science | LO 2 | 3 |  | **PHED2380 Creative Rhythm and Movement** |  | **3** |  |
| **PHED1240 Intro to Movement Science** |  | **3** |  | **PHED2390 Teaching Team Individual and Sports** |  | **3** |  |
| ENGL1100 Discourse I OR  HONR1010 Honors 101 | LO 1 (a) | 3 |  | **PSYC2250 Dev Psych** | **LO 5 (c)** | **3** |  |
| EE Math | LO 6 (b) | **3** |  | ***PHED1260 Movement Sci. II*** |  | 3 |  |
| PSYC1300 Intro to Psych (EE Human Culture: Soc. Sci.) | LO 5 (c) | 3 |  | **PHED2120 Motor Learning** |  | 3 |  |
| **Total Hours** |  | **15** |  | **Total Hours** |  | **15** |  |
| **Notes:** | | | | | | | |
| **Second Year Fall** | **EE Learning Outcome** | **Sem**  **Hours** | **Date Met** | **Second Year Spring** | **EE Learning Outcome** | **Sem Hours** | **Date Met** |
| **BIOL2300 Anat. & Phys. I** |  | 3 |  | ***HLTH2560 Nutrition*** |  | **3** |  |
| **HLTH2400 Children’s Health and Development** |  | **3** |  | EE Human Culture: Humanities | LO 5 (b) | 3 |  |
| **SPMT1200 Intro to Sport Management** |  | **3** |  | ENGL2100 Discourse II OR  HONR2010 Honors 201 | LO 1 (b) | **3** |  |
| EE Math | LO 6 (b) | **3** |  | **HLTH3900 Advanced Topics in Health** |  | 3 |  |
| EE Human Culture: History | LO 5 (d) | 3 |  | EE Human Culture: Arts | LO 5 (a) | 3 |  |
|  |  |  |  |  |  |  |  |
| **Total Hours** |  | **15** |  | **Total Hours** |  | **15** |  |
| **Notes:** | | | | | | | |
| **Third Year Fall**  ***(check your degree audit!)*** | **EE Learning Outcome** | **Sem**  **Hours** | **Date Met** | **Third Year Spring** | **EE Learning Outcome** | **Sem Hours** | **Date Met** |
| **PHED3430 Adaptive PE** |  | **3** |  | **HLTH1100 First Aid** |  | **1** |  |
| **PHED3340 Biomechanics** |  | **3** |  | **PHED3130 Sports Psychology** |  | **3** |  |
| **PSYC3120 Social Psych** |  | **3** |  | **PHED3410 Theory of Coaching** |  | **2** |  |
| ***ATHT3100 Prevent & Care Ath. Injury*** |  | 3 |  | **PHED3120 Speed and Agility** |  | 3 |  |
| ENGL3100 Discourse III | LO 1 (c) | 3 |  | **HLTH3100 Drug Education and Behavior** |  | 3 |  |
| **PSY/SOCI3310 Social Psych** |  | 3 |  |  |  |  |  |
|  |  |  |  | EE Ethical Thinking & Action | LO 3 | 3 |  |
| **Total Hours** |  | **18** |  | **Total Hours** | **15** | | |
| **Notes:** | | | | | | | |
| **Fourth Year Fall**  ***(apply for graduation!)*** | **EE Learning Outcome** | **Sem**  **Hours** | **Date Met** | **Fourth Year Spring** | **EE Learning Outocme** | **Sem Hours** | **Date Met** |
| **HMSC4930 Evidence Based Practice** |  | **3** |  | **PHED3280 Foundations of P.E.** |  | 3 |  |
| **HMSC4320 Organizational Administration and Policy Analysis** |  | **3** |  | **HLTH3560 Sport Nutrition** |  | 3 |  |
| **PHED2260 Intro to Performance** |  | 3 |  | ***HLTH3200 Community Health*** | LO 4 | 3 |  |
| **HLTH3120 Human Sexuality** |  | 3 |  | EE Science | LO 6 (a) | 3 |  |
| **PHED3420 Practicum of Coaching** |  | 3 |  | **HLTH2200 Contemporary issues** |  | **3** |  |
| **Total Hours** |  | **15** |  | **Total Hours** |  | **15** |  |
| **6/16/2021** | **Notes:** | | | | | | | |
| \*HLTH3900 Adv. Topics in Health can be taken up to 2 times to count towards Graduation hour requirements so long as the topic is different each course  Other recommended electives related to the major(s): HLTH3120 Human Sexuality 3 s.h. (Fall), PHED2260 Introduction to Performance 3 s.h. (Fall), PHED3460 Physiology of Exercise 3 s.h. (Spring), SOCI2320 Marriage and the Family 3 s.h. (Fall)  **DISCLAIMER: These plans are to be used as guides only and are subject to changes in curriculum requirements. Refer to your Graceland Catalog for complete and accurate information. Some courses listed on the plans may have prerequisites that have not been stated. The student has the ultimate responsibility for scheduling and meeting the graduation requirements.** | | | | | | | | |