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| **2021-2022** | **Bachelor of Science (B.S.) Degree - Allied Health Major: Applied Health Science Concentration Name:** **ID:**  |
| **Courses in BOLD are required by this major****Courses in regular type are to fulfill essential education requirements and DO NOT have to be taken the specific semester stated. Four of these must be theme-based courses from your chosen Essential Education Curriculum theme.*****Courses in ITALIC are strongly recommended*****+Denotes courses offered only every other year.****ALSO REQUIRED FOR GRADUATION*** **120 credit hours**
* **39 Upper division credits**
* **2.00 GPA**
* **Completion of all major & essential education requirements**
 |
| **First Year Fall** | **EE Learning Outcome** | **Sem Hours** | **Date Met** | **First Year Spring** | **EE Learning Outcome** | **Sem Hours** | **Date Met** |
| INTD1100 Critical Thinking in Arts & Science | LO 2 | 3 |       | **PHED2120 Motor Learning** |  | **3** |  |
| ENGL1100 Discourse I ORHONR1010 Honors 101  | LO 1 (a) | 3 |       | Global Learning | LO 4  | 3 |  |
| MATH1280 College Algebra | LO 6 (b) | 3 |       | **PHED1260 Movement Science II** |  | **3** |  |
| **PHED1240 Intro to Movement Science**  |  | **3** |       | BIOL1520 Fundamentals of Organismal Biology/Lab |  | 4 |       |
| PSYC1300 Introductory Psychology | LO 5 (c) | 3 |       | MATH1380 Introduction to Statistics | LO 6 (b) | 3 |  |
| LO5 - Arts | LO 5 (a) | 3 |  |  |  |  |  |
| **Total Hours** |  | **18** |  | **Total Hours** |  | **16** |  |
| **Notes:**  |  |
| **Second Year Fall** | **EE Learning Outcome** | **Sem****Hours** | **Date Met** | **Second Year Spring** | **EE Learning Outcome** | **Sem Hours** | **Date Met** |
| **BIOL3420 Human Anatomy**  |  | **4** |       | **BIOL3440 Human Physiology**  |  | **4** |  |
| **PHED2260 Intro. to Performance**  |  | **3** |       | ENGL2100 Discourse II ORHONR2010 Honors 201 | LO 1 (b) | 3 |  |
| CHEM1410 General Chemistry I Workshop / Lab |  | **4** |       | LO6 Science | LO 6 (a) | 3 |  |
| UD Elective |  | 3 |       | LO5 Humanities | LO 5 (b) | **3** |  |
| Chem1450 Intro to Organic and Biochemistry |  | 1 |       | CHEM1420 General Chemistry II Workshop/Lab |  | 4 |       |
| **Total Hours** |  | **15** |  | **Total Hours** |  | **17** |  |
| **Notes:**  |
| **Third Year Fall*(check your degree audit!)*** | **EE Learning Outcome** | **Sem Hours** | **Date Met** | **Third Year Spring** | **EE Learning Outcome** | **Sem Hours** | **Date Met** |
| **PHED3340 Biomechanics** |  | **3** |       | ATHT 3100 Athletic Care & Prevention (UD Elective) |  | 4 |       |
| **PHYS1410 Elements of Physics I** |  | 4 |       | ENGL3100 Discourse III | LO 1 (c) | 3 |       |
| PSYCH2250 Developmental Psychology |  | 3 |       | **PHED4360 Physiology of Exercise**   |  | **3** |       |
| Histories | LO 5 (d) | **3** |       | PHYS1420 Elements of Physics II / Lab |  | 4 |       |
| Elective |  | 3 |       | PHED3120 Speed, Agility, & Endurance (UD Elective) |  | 3 |       |
| **Total Hours** |  | **16** |  | **Total Hours** |  | **17** |  |
| **Notes: Recommended this year (PHED4800 Fitness and Wellness Internship (Summer)** |
| **Fourth Year Fall*****(apply for graduation!)*** | **EE Learning Outcome** | **Sem****Hours** | **Date Met** | **Fourth Year Spring** | **EE Learning Outcome** | **Sem Hours** | **Date Met** |
| **PHED4500 Perform Enhancement Programming** |  | **3** |       | PSYC3130 Sports Psychology |  | **3** |       |
| **HMSC4930 Evidence Based Practice**  |  | **3** |       | **HLTH3560 Sports Nutrition**  |  | 3 |       |
| PSYC3380 Abnormal Psychology |  | 3 |       | PHED 4730 Advanced Topics in S&C (UD Elective) |  | 3 |       |
| PSYC3310 Social Psychology |  | 3 |       | **PHED4725 Practicum of Clinical Assessment** |  | **3** |       |
| **HLTH2560 Nutrition** |  | 3 |  | **HLTH1100 CPR/ First Aid**  |  | **1** |  |
| **ATHT2500 Medical Terminology** |  | 2 |  |  Ethical Thinking | LO 3 | 3 |  |
| **Total Hours** |  | **17** |  | **Total Hours** |  **16** |  |
| **Notes: Recommended Electives:**  List of Recommended Electives for students planning to apply to Professional or Graduate programs: ATHT2500 Medical Terminology, ATHT3100 Prevention and Care of Athletic Injuries, BIOL1520 Fundamentals of Organismal Biology, BIOL2100 Fundamentals of Cell Biology and Genetics, BIOL2440 Plant Biology, , PHED/PSYC3130 Sports Psychology, PHED3120 Speed, Agility, Endurance, PHED3410 Theory of Coaching, PHED3420 Practicum of Coaching, PHED4720 Physical Training Practicum III, PHED4730 Advanced Topics in Strength and Conditioning, PHYS1420 Elements of Physics II, PSYC1300 Introduction to Psychology, PSYC3310 Social Psychology, PSYC2250 Developmental Psychology, PSYC3380 Abnormal Psychology, PSYC3390 Cognitive Psychology 133 credits |
| **Updated:****6/11/21** | **DISCLAIMER: These plans are to be used as guides only and are subject to changes in curriculum requirements. Refer to your Graceland Catalog for complete and accurate information. Some courses listed on the plans may have prerequisites that have not been stated. The student has the ultimate responsibility for scheduling and meeting the graduation requirements.** |
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