|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **2020-2021** | **Bachelor of Arts (B.A.) Degree: Health and Movement Science Major – Physical Education Concentration & Health Education Concentration & Coaching Authorization/Certificate (K-12 Teaching Endorsement) Minimum Requirements - Option 1**  **Name:** **ID:** | | | | | | | |
| **Courses in BOLD are required by this major**  **Courses in regular type are to fulfill essential education requirements and DO NOT have to be taken the specific semester stated. If you choose to earn an Essential Education Theme Concentration, you must complete 4 theme-based courses from one of the Essential Education themes.**  ***Courses in ITALIC are strongly recommended***  **+denotes courses offered only every other year**  **ALSO REQUIRED FOR GRADUATION**   * **120 credit hours** * **39 Upper division credits** * **2.00 GPA** * **Completion of all major & essential education requirements** |
| **First Year Fall** | **LO** | **Sem Hours** | **Date Met** | **First Year Spring** | **LO** | **Sem Hours** | **Date Met** |
| INTD1100 Critical Thinking in the Liberal Arts & Science | 2 | 3 |  | **EDUC1400 Intro to Education** |  | **3** |  |
| **PHED2120 Motor Learning** |  | **3** |  | **EDUC1410 Clinical Experience Lab** |  | **1** |  |
| **SOCI2320 Marriage & the Family** |  | **3** |  | **PHED1100 New Games** |  | **1** |  |
| PSYC1300 Intro to Psych (EE Social Science) | 5c | 3 |  | **PHED2370 Teaching Individual Sports** |  | **2** |  |
| ENGL1100 Discourse I OR  HONR1010 Honors 101 | 1a | 3 |  | **PSYC2250 Dev. Psych.** | 5c | **3** |  |
| EE Human Culture: History | 5d | 3 |  | EE Human Culture: Humanities | 5b | 3 |  |
|  |  |  |  | EE Math | 6b | 3 |  |
| **Total Hours** |  | **18** |  | **Total Hours** |  | **16** |  |
| **Notes:** | | | | | | | |
| **Second Year Fall** | **LO** | **Sem**  **Hours** | **Date Met** | **Second Year Spring** | **LO** | **Sem Hours** | **Date Met** |
| **BIOL2300 Anat. & Phys. I** |  | 3 |  | **EDUC2120 Human Relations for Educ.** | 3 | **3** |  |
| **EDUC2420 Teacher Educ. Entry Workshop** |  | **0** |  | **HLTH2560 Nutrition** |  | **3** |  |
| **HLTH2400 Children’s Health and Development** |  | **3** |  | **HLTH3100 Drugs Education & Behavior (odd Spring only**)\* |  | **3** |  |
| **HLTH2410 Children’s Health and Dev – K-8 HPE Methods Lab** |  | **1** |  | **PHED2380 Creative Rhythm and Movement** |  | **3** |  |
| **HLTH3300 Theory & Practice of Safety\*** |  | **3** |  | ENGL2100 Discourse II OR  HONR2010 Honors 201 | 1b | 3 |  |
| **PHED1240 Intro Movement Science** |  | **3** |  | EE Global Learning | 4 | 3 |  |
| **PHED2350 Teaching Team Sports** |  | **2** |  |  |  |  |  |
| EE Math | 6b | 3 |  |  |  |  |  |
| **Total Hours** |  | **18** |  | **Total Hours** |  | **18** |  |
| **Notes:** HLTH3100 Drugs Edu. Needs to be taken different year than PHED3333 Meth & Assess 5-12 HPE due to time conflicting. | | | | | | | |
| **Third Year Fall**  ***(check your degree audit!)*** | **LO** | **Sem**  **Hours** | **Date Met** | **Third Year Spring** | **LO** | **Sem Hours** | **Date Met** |
| **ATHT3100 Prevention & Care of Athletic Injuries** |  | **3** |  | **HLTH3200 Community Health\*** |  | **3** |  |
| **EDUC3580 Educ. Of Except. Child & Adult** |  | **3** |  | **HLTH3900 Adv. Topics in Health\*\*** |  | **3** |  |
| **PHED3430 Adaptive PE** |  | **3** |  | **PHED3280 Foundations of P.E.** |  | **3** |  |
| **PHED3340 Biomechanics** |  | **3** |  | **EDUC3590 Educ. Psych & Measurement** |  | **3** |  |
| **Swimming Proficiency (fall only)** |  | **0** |  | **PHED3410 Theory of Coaching** |  | **1** |  |
| ENGL3100 Discourse III | 1c | 3 |  | EE Science | 6a | 3 |  |
| **EDUC2450 Pre-Service Teacher Education Seminar *is waived*** |  | **0** |  |  |  |  |  |
| **HLTH3120 Human Sexuality\*** |  | **3** |  |  |  | | |
| **Total Hours** |  | **18** |  | **Total Hours** | **16** | | |
| **Notes:** | | | | | | | |
| **Fourth Year Fall**  ***(apply for graduation!)*** | **LO** | **Sem**  **Hours** | **Date Met** | **Fourth Year Spring** | **LO** | **Sem Hours** | **Date Met** |
| **HMSC4930 Evidence Based Practice** |  | **3** |  | **HLTH1100 First Aid** |  | **1** |  |
| **HMSC4320 Organizational Administration and Policy Analysis** |  | **3** |  | **PHED3333 Methods & Assessment Teaching 5-12 HPE** |  | **4** |  |
| **EDUC4230 Classroom Management** |  | **3** |  | **EDUC3730 Combination Education Practicum** |  | **2** |  |
| **EDUC3520 General Secondary Methods & Content Reading** |  | **3** |  | EE Human Culture: Arts | 5a | **3** |  |
| **EDUC3542 Sec Educ Methods Lab** |  | **1** |  | **Elective (this course is to fill for FT status, any course can be taken but many PHED or HLTH courses are available that have not already been taken)** |  | **3** |  |
| **EDUC4100 L.E.P. in Education** |  | **3** |  |  |  |  |  |
| **Total Hours** |  | **16** |  | **Total Hours** |  | **13** |  |
| **Notes:** It is beneficial for student to take HLTH1100 First Aid as close to graduation as possible for the Coaching requirements by the State of Iowa. | | | | | | | |
| **Fifth Year Fall** | **LO** | **Sem**  **Hours** | **Date Met** |  |  |  |  |
| **EDUC4450 Combination Student Teaching** |  | **14** |  |  |  |  |  |
| **8/20/2020** | **Notes:** | | | | | | | |
| **Note to advisor: If summer courses as denoted as \* are available and the student is willing to take summer courses, a 4 year degree is possible. See Option 2 plan.**  **This is for Coaching Authorization/Certification NOT dual major HMS-Coaching Concentration seekers** \*May be offered in Summer Session online but NO GUARANTEE  \*\*HLTH3900 Adv. Topics in Health can be repeated for credit 2 times so long as the topic is not the same  **DISCLAIMER: These plans are to be used as guides only and are subject to changes in curriculum requirements. Refer to your Graceland Catalog for complete and accurate information. Some courses listed on the plans may have prerequisites that have not been stated. The student has the ultimate responsibility for scheduling and meeting the graduation requirements.** | | | | | | | | |