|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **2018-2019** | **Bachelor of Arts (B.A.) Degree: Health and Movement Science Major – Physical Education (non-teaching) & Coaching Dual Concentrations Minimum Requirements**  **Name:** **ID:** | | | | | | | |
| **Courses in BOLD are required by this major**  **Courses in regular type are to fulfill essential education requirements and DO NOT have to be taken the specific semester stated. Four of these must be theme-based courses from your chosen Essential Education Curriculum theme.**  ***Courses in ITALIC are strongly recommended***  **+denotes courses offered only every other year**  **ALSO REQUIRED FOR GRADUATION**   * **120 credit hours** * **39 Upper division credits** * **2.00 GPA** * **Completion of all major & essential education requirements** |
| **First Year Fall** | **LO** | **Sem Hours** | **Date Met** | **First Year Spring** | **LO** | **Sem Hours** | **Date Met** |
| INTD1100 Critical Thinking in the Liberal Arts & Science | 2 | 3 |  | **PHED1100 New Games** |  | **1** |  |
| **PHED1200 Motor Learning** |  | **3** |  | **PHED2370 Teaching Individual Sports** |  | **2** |  |
| **Swimming Proficiency (fall only)** |  | **0-1** |  | **PHED2380 Creative Rhythm and Movement** |  | **3** |  |
| ENGL1100 Discourse I OR  HONR1010 Honors 101 | 1a | 3 |  | **PSYC2250 Dev Psych** | **5c** | **3** |  |
| EE Human Culture: History | 5d | 3 |  | EE Human Culture: Humanities | 5b | 3 |  |
| PSYC1300 Intro to Psych (EE Human Culture: Soc. Sci.) | 5c | 3 |  | EE Math | 6b | 3 |  |
| **Total Hours** |  | **15-16** |  | **Total Hours** |  | **15** |  |
| **Notes:** | | | | | | | |
| **Second Year Fall** | **LO** | **Sem**  **Hours** | **Date Met** | **Second Year Spring** | **LO** | **Sem Hours** | **Date Met** |
| **BIOL2300 Anat. & Phys. I** |  | 3 |  | **PHED2200 Sports Officiating** |  | **3** |  |
| **HLTH2400 Children’s Health and Development** |  | **3** |  | *HLTH3900 Adv. Topics in Health\** |  | 3 |  |
| **PHED1240 Intro to Movement Science** |  | **3** |  | ENGL2100 Discourse II OR  HONR2010 Honors 201 | 1b | **3** |  |
| **PHED2350 Teaching Team Sports** |  | **2** |  | EE Global Learning | 4 | 3 |  |
| EE Math | 6b | **3** |  | EE Human Culture: Arts | 5a | 3 |  |
|  |  |  |  |  |  |  |  |
| **Total Hours** |  | **14** |  | **Total Hours** |  | **15** |  |
| **Notes:** | | | | | | | |
| **Third Year Fall**  ***(check your degree audit!)*** | **LO** | **Sem**  **Hours** | **Date Met** | **Third Year Spring** | **LO** | **Sem Hours** | **Date Met** |
| **PHED3430 Adaptive PE** |  | **3** |  | **HLTH1100 First Aid** |  | **1** |  |
| **PHED3340 Biomechanics** |  | **3** |  | **PHED3130 Sports Psychology** |  | **3** |  |
| **RECR1210 Theory & Practice of Leadership** |  | **3** |  | **PHED3410 Theory of Coaching** |  | **1** |  |
| *ATHT3100 Prevent & Care Ath. Injury* |  | 3 |  | *PHED1260 Movement Sci. II* |  | 3 |  |
| ENGL3100 Discourse III | 1c | 3 |  | *HLTH3100 Drug Edu. & Behavior (odd Spring only)* |  | 3 |  |
|  |  |  |  | *SPMT2300 Legal & Ethic Issue in Sport* |  | 3 |  |
|  |  |  |  | EE Ethical Thinking & Action | 3 | 3 |  |
| **Total Hours** |  | **15** |  | **Total Hours** | **17** | | |
| **Notes:** | | | | | | | |
| **Fourth Year Fall**  ***(apply for graduation!)*** | **LO** | **Sem**  **Hours** | **Date Met** | **Fourth Year Spring** | **LO** | **Sem Hours** | **Date Met** |
| **HMSC4930 Evidence Based Practice** |  | **3** |  | **PHED3280 Foundations of P.E.** |  | 3 |  |
| **HMSC4320 Organizational Administration and Policy Analysis** |  | **3** |  | **PHED3420 Practicum in Coaching** |  | 2 |  |
| **RECR3350 Sport Facility Management** |  | 3 |  | *HLTH3200 Community Health* |  | 3 |  |
| *HLTH2560 Nutrition* |  | 3 |  | EE Science | 6a | 3 |  |
| *HLTH3300 Theory & Practice of Safety* |  | 3 |  | Elective |  | 3 |  |
| **Total Hours** |  | **15** |  | **Total Hours** |  | **14** |  |
| **Updated 8.20.18 jw** | **Notes:** | | | | | | | |
| \*HLTH3900 Adv. Topics in Health can be taken up to 2 times to count towards Graduation hour requirements so long as the topic is different each course  Other recommended electives related to the major(s): HLTH3120 Human Sexuality 3 s.h. (Fall), PHED2260 Introduction to Performance 3 s.h. (Fall), PHED3460 Physiology of Exercise 3 s.h. (Spring), SOCI2320 Marriage and the Family 3 s.h. (Fall)  **DISCLAIMER: These plans are to be used as guides only and are subject to changes in curriculum requirements. Refer to your Graceland Catalog for complete and accurate information. Some courses listed on the plans may have prerequisites that have not been stated. The student has the ultimate responsibility for scheduling and meeting the graduation requirements.** | | | | | | | | |