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| **2018-2019** | **Bachelor of Arts (B.A.) Degree: Health and Movement Science Major – Health (non-teaching) & Coaching Dual Concentration (Minimum Requirements)****Name:** **ID:**  |
| **Courses in BOLD are required by this major****Courses in regular type are to fulfill essential education requirements and DO NOT have to be taken the specific semester stated. Four of these must be theme-based courses from your chosen Essential Education Curriculum theme.*****Courses in ITALIC are strongly recommended*****+denotes courses offered only every other year****ALSO REQUIRED FOR GRADUATION*** **120 credit hours**
* **39 Upper division credits**
* **2.00 GPA**
* **Completion of all major & essential education requirements**
 |
| **First Year Fall** | **LO** | **Sem Hours** | **Date Met** | **First Year Spring** | **LO** | **Sem Hours** | **Date Met** |
| INTD1100 Critical Thinking in the Liberal Arts & Science | 2 | 3 |  | **HLTH2200 Cont. Issues in Health** |  | 3 |  |
| ENGL1100 Discourse I ORHONR1010 Honors 101 | 1a | 3 |  | MATH1280 College Algebra1\* (EE Math) | 6b | 2 |  |
| EE Human Culture: Arts | 5a | 3 |  | *PSYC2250 Dev. Psych.* | 5c | 3 |  |
| EE Human Culture: History | 5d | 3 |  | EE Human Culture: Humanities | 5b | 3 |  |
| PSYC1300 Intro to Psych (EE Social Science) | 5c | 3 |  | Elective  |  | 3 |  |
| (DEVL1200 Intermediate Algebra)\* |  | (3) |  |  |  |  |  |
| **Total Hours** |  | **15 (18)** |  | **Total Hours** |  | **14** |  |
| **Notes: \*If student has not have 2 years High School Algebra, he or she must enroll in DEVL1200 First Year Fall before taking MATH1280 First Year Spring; thus moving SOCI2320 to Second Year Fall** |
| **Second Year Fall** | **LO** | **Sem****Hours** | **Date Met** | **Second Year Spring** | **LO** | **Sem Hours** | **Date Met** |
| **BIOL2300 Anat. & Phys. I** |  | 3 |  | **BIOL2350 Intro to Microbiology** |  | 4 |  |
| CHEM1330 Intro to Genrl, Organic, Biochem1 |  | 3 |  | **HLTH2560 Nutrition** |  | 3 |  |
| **HLTH2400 Children’s Health and Development** |  | 3 |  | **HLTH3100 Drugs Educ. & Behavior (odd Spring only**) |  | 3 |  |
| **PHED1200 Motor Learning** |  | 3 |  | ENGL2100 Discourse II ORHONR2010 Honors 201 | 1b | 3 |  |
| **PHED2350 Teaching Team Sports** |  | **2** |  | **PHED2200 Sports Officiating** |  | **2** |  |
| **SOCI2320 Marriage & the Family** |  | 3 |  |  |  |  |  |
| **Total Hours** |  | **17** |  | **Total Hours** |  | **15** |  |
| **Notes:**  |
| **Third Year Fall*****(check your degree audit!)*** | **LO** | **Sem****Hours** | **Date Met** | **Third Year Spring** | **LO** | **Sem Hours** | **Date Met** |
| **HLTH3120 Human Sexuality** |  | 3 |  | **HLTH3200 Community Health** |  | 3 |  |
| **HLTH3300 Theory & Practice of Safety** |  | 3 |  | **HLTH3900 Adv. Topics in Health\*** |  | 3 |  |
| **PHED1240 Intro to Movement Science** |  | **3** |  | **PHED3410 Theory of Coaching** |  | **1** |  |
| **RECR1210 Theory & Practice of Leadership** |  | **3** |  | EE Global Learning  | 4 | 3 |  |
| ENGL3100 Discourse III | 1c | 3 |  | EE Science  | 6a | 3 |  |
|  |  |  |  | EE Ethical Thinking & Action  | 3 | 3 |  |
| **Total Hours** |  | **15** |  | **Total Hours** | **16** |
| **Notes:** |
| **Fourth Year Fall*****(apply for graduation!)*** | **LO** | **Sem****Hours** | **Date Met** | **Fourth Year Spring** | **LO** | **Sem Hours** | **Date Met** |
| **HMSC4320 Organizational Administration and Policy Analysis** |  | 3 |  | **HLTH1100 First Aid** |  | 1 |  |
| **HMSC4930 Evidence Based Practice** |  | 3 |  | *HLTH4700 Internship in Health* |  | 3 |  |
| **PHED3340 Biomechanics** |  | 3 |  | **PHED3130 Sport Psychology** |  | **3** |  |
| **PHED3430 Adaptive PE** |  | 3 |  | **PHED3420 Practicum in Coaching** |  | **2** |  |
| **RECR3350 Sport Facility Management** |  | 3 |  | EE Math  | 6b | 3 |  |
|  |  |  |  | Elective  |  | 3 |  |
| **Total Hours** |  | **15** |  | **Total Hours** |  | **15** |  |
| **Updated 8.20.18 jw** | **Notes:** |
| 1 Pre-req sequenced course for HLTH2560, do not get out of sequence\*HLTH3900 Adv. Topics in Health can be repeated for credit 2 times so long as the topic is not the same**DISCLAIMER: These plans are to be used as guides only and are subject to changes in curriculum requirements. Refer to your Graceland Catalog for complete and accurate information. Some courses listed on the plans may have prerequisites that have not been stated. The student has the ultimate responsibility for scheduling and meeting the graduation requirements.** |

