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| **2017-2018** | **Bachelor of Arts (B.A.) Degree: Health and Movement Science Major– Coaching Concentration****Name:       ID:** |
| **Courses in BOLD are required by this major****Courses in regular type are to fulfill essential education requirements and DO NOT have to be taken the specific semester stated.*****Courses in ITALIC are strongly recommended*****+denotes courses offered only every other year****ALSO REQUIRED FOR GRADUATION*** **120 credit hours**
* **39 Upper division credits**
* **2.75 GPA**
* **Completion of all major & essential education requirements**
 |
| **First Year Fall** | **Learning Outcome** | **Sem Hours** | **Date Met** | **First Year Spring** | **Learning Outcome** | **Sem Hours** | **Date Met** |
| **RECR1210 Theory and Practice of Leadership** |  | **3** |  | **PSYC2250 Dev Psych** |  | **3** |  |
| ENGL1100 Discourse I ORENGL1120 Honors Discourse I | 1a | 3 |  | ENGL2110 Discourse II ORENGL2120 Honors Discourse II  | 1b | 3 |  |
| Histories  | 5d | 3 |  |
| **PHED1240 Intro to Movement Science** |  | **2** |  | Math  | 6b | 3 |  |
| PSYC1300 Intro to Psych (prerequisite for PSYC2250) | 5c | 3 |  | PHED2370 Teaching Individual Sports |  | 2 |  |
| INTD1100 Critical Thinking in Arts & Sciences | 2 | 3 |  |  |  |  |  |
| **Total Hours** |  | **14** |  | **Total Hours** |  | **14** |  |
| **Notes:**  |
| **Second Year Fall** | **Learning Outcome** | **Sem****Hours** | **Date Met** | **Second Year Spring** | **Learning Outcome** | **Sem Hours** | **Date Met** |
| **BIOL2300 Anatomy & Physiology I** |  | **3** |  | **PHED2350 Teaching Team Sports** |  | **2** |  |
| Math  | 6b | **3** |  | **PHED3410 Theory of Coaching** |  | **1** |  |
| **HLTH1100 First Aid OR****PHED0610 Life Guard Training** |  | **1** |  | **PHED2200 Sport Officiating** |  | **2** |  |
| **PHED1200 Motor Learning** |  | **2** |  | Humanities  | 5b | 3 |  |
| Ethical Thinking & Action  | 3 | 3 |  | Art  | 5a | 3 |  |
| Elective  |  | 3 |  | Elective  |  | 3 |  |
| **Total Hours** |  | **15** |  | **Total Hours** |  | **14** |  |
| **Notes: Recommended Electives: SPMT2300 Legal & Ethical Issues in Sports, BIOL2560 Nutrition, PHED1100 New Games** |
| **Third Year Fall*****(check your degree audit!)*** | **Learning Outcome** | **Sem****Hours** | **Date Met** | **Third Year Spring** | **Learning Outcome** | **Sem Hours** | **Date Met** |
| **PHED/RECR3430 Adaptive PE** |  | **3** |  | Elective  |  | **3** |  |
| Swimming proficiency\*\* |  | 0-1 |  | ATHT3100 Prev & Care Ath. Injury |  | **3** |  |
| **RECR3400 The Program Process: Principle and Application** |  | **3** |  | **PHED3420 Practicum in Coaching** |  | **2** |  |
| Global Learning  | 4 | 3 |  | Elective |  | 1-3 |  |
| Elective  |  | 3 |  | **RECR3350 Sport Facility Management** |  | **3** |  |
| **PHED3340 Biomechanics** |  | **3** |  | ENGL3100 Discourse III | 1c | 3 |  |
| **Total Hours** |  | **15-16** |  | **Total Hours** |  | **15-17** |  |
| **Notes: Recommended Electives: PHED3280 Foundations of PE, HLTH3300 Theory and Practice of Safety** |
| **Fourth Year Fall*****(apply for graduation!)*** | **Learning Outcome** | **Sem****Hours** | **Date Met** | **Fourth Year Spring** | **Learning Outcome** | **Sem Hours** | **Date Met** |
| **PHED/PSYC3130 Sport Psychology** |  | **3** |  | **HMSC4320 Organizational Administration & Policy Analysis** |  | **3** |  |
| **HMSC4900 Research I** |  | **2** |  | Elective  |  | 1-3 |  |
| Science  | 6a | 3 |  | Elective  |  | 3 |  |
| Elective  |  | 3 |  | **HMSC4910 Research II** |  | **1** |  |
| Elective  |  | 3 |  | Elective  |  | 3 |  |
|  |  |  |  | Elective  |  | 3 |  |
| **Total Hours** |  | **14** |  | **Total Hours** |  | **14-16** |  |
| **Notes: Recommended Electives: HLTH3900 Advanced Topics in Health** |
| **Updated:****4/25/2018** | **\*\*** *Swimming proficiency is required for this major. PHED0140, 0480, 0610, 2240 or 0360 will meet the requirement or the successful completion of a proficiency swim skills test.* **DISCLAIMER: These plans are to be used as guides only and are subject to changes in curriculum requirements. Refer to your Graceland Catalog for complete and accurate information. The student has the ultimate responsibility for scheduling and meeting the graduation requirements.** |