|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Bachelor of Arts (B.A.) Degree:**  **Health** | | ***Graceland’s teacher education program is noted for excellence in providing a technology emphasis, psychological and sociological foundations, and learning theory. Beginning in the sophomore year, course work is balanced by extensive field experiences in both public and private schools.*** | | | | | | |
| **2016-2017**  **Courses in BOLD are required by this major**  **Courses in regular type are to fulfill general education requirements and DO NOT have to be taken the specific semester stated.**  ***Courses in ITALIC are strongly recommended***  **ALSO REQUIRED FOR GRADUATION**   * **120 credit hours** * **39 Upper division credits** * **2.75 GPA required for teaching license** * **Completion of all major & gen ed requirements** |
| **First Year Fall**  ***(consider a WT)*** | **GE Goal** | | **Sem Hours** | **Date Met** | **First Year Spring** | **GE Goal** | **Sem Hours** | **Date Met** |
| INTD1100 Critical Thinking in Arts & Sciences\* |  | | **3** |  | **PSYC2250 Dev. Psych** | **1d** | **3** |  |
| ENGL1100 Discourse I | **3c** | | **3** |  | ENGL2100 Discourse II | **3b** | **3** |  |
| US Hist. or American Govt | **1b** | **3** |  |
| Mathematics | 3a | | 3 |  | **HLTH2200 Contemporary Issues in Health** |  | **2** |  |
| Elective | 3b | 3 |  |
| **PSYC1300 Intro to Psych** | **1c** | | **3** |  |  |  |  |  |
| **HLTH1300 Lifetime Health and Fitness** | **3f** | | **2** |  |  |  |  |  |
| **Total Hours** |  | | **14** |  | **Total Hours** |  | **14** |  |
| **Notes:** | | | | | | | | |
| **Second Year Fall**  ***(consider a WT)*** | **GE Goal** | | **Sem**  **Hours** | **Date Met** | **Second Year Spring** | **GE Goal** | **Sem Hours** | **Date Met** |
| **BIOL2300 Anat. & Phys. I** |  | | **3** |  | **BIOL2560 Nutrition** |  | **3** |  |
| **SOCI2320 Marriage & Family** |  | | **3** |  | BIOL2100 Fund. Of Cell Biology- Genetics w/ Lab\*\*\* |  | 4 |  |
| **PHED0490 Stress Management and Relaxation** | 3f | | 1 |  | Humanities |  | 3 |  |
| **CHEM1330 Intro. to Gen., Organic, Biochemisty\*\*\*\*** |  | | **3** |  | Elective |  | **3** |  |
| **HLTH1100 First Aid\*\*** |  | | **1** |  | **Elective** |  | **3** |  |
| Mathematics | 3a | | 3 |  |  |  |  |  |
|  |  | |  |  |  |  |  |  |
| **Total Hours** |  | | **14** |  | **Total Hours** |  | **16** |  |
| **Notes: Be sure to connect with your faculty advisor early on during the third year to discuss internship opportunities! Internships need to be approved in order to receive academic credit** | | | | | | | | |
| **Third Year Fall**  ***(check your degree audit!)*** | **GE Goal** | | **Sem**  **Hours** | **Date Met** | **Third Year Spring** | **GE Goal** | **Sem Hours** | **Date Met** |
| **\* See Catalog for specific information**  **+denotes courses offered only every other year** | **BIOL2360 Microbiology** |  | | **4** |  | **HMSC4900 Research I** |  | **2** |  |
| **HLTH3300 Theory and Practice of Safety (even Fall) (or summer)** |  | | **3** |  | \*\*\*\*\*HLTH4700 Health Internship |  | 3-6 |  |
| Arts | 2a | | **3** |  |
| **Elective** |  | | **3** |  | **HLTH3200 Community Health (or online summer)** |  | **3** |  |
| Elective |  | | **3** |  | **HLTH3900 Advanced Topics in Health** |  | **3** |  |
| PHED Activity Course | **3f** | | **1** |  | Elective |  | **3** |  |
|  |  | | | | |  |  |  |  |
|  | **Total Hours** |  | | **17** |  | **Total Hours** |  | **14-17** |  |
|  | **Notes: HLTH3900 Theory and Practice of Safety Summer online (3rd or 4th year even Fall)** | | | | | | | | |
|  |
|  | **Fourth Year Fall**  ***(apply for graduation!)*** | **GE Goal** | | **Sem**  **Hours** | **Date Met** | **Fourth Year Spring** | **GE Goal** | **Sem Hours** | **Date Met** |
|  | ENGL3100 Discourse III |  | | **3** |  | Human Diversity | 4 | 3 |  |
| **HMSC4910 Research II** |  | | **1** |  |
|  | Elective |  | | 3 |  | Elective |  | 3 |  |
|  | Elective |  | | 3 |  | Elective |  | 3 |  |
|  | Elective |  | | **3** |  | Elective |  | 3 |  |
|  | Elective |  | | **3** |  | Elective |  | 3 |  |
|  |  |  | |  |  |
|  | **Total Hours** |  | | **16** |  | **Total Hours** |  | **12** |  |
|  |  | | | | | | | | |
| **Updated:**  **4/19/2016 jw** |
| **\* Graduation requirement for all first time freshmen**  **\*\*** ARC First Aid Card & CPR Card or PHED0610 will substitute for this requirement providing it is approved by the Health & Movement Science Division. \*\*\*Highly recommended pre-req for BIOL2360 for students with poor biology background  \*\*\*\*Student needs to petition the Division of Health and Movement Sciences to accept CHEM1330 as equivalent course for BIOL1400 requirement (BIOL1400 was old pre-req for BIOL2360) \*\*\*\*\*Must speak with Health Internship Coordinator to receive application for Health Internship. Health Internship can be taken 3 s.h. in separate semesters **DISCLAIMER: These plans are to be used as guides only and are subject to changes in curriculum requirements. Refer to your Graceland Catalog for complete and accurate information. Some courses listed on the plans may have prerequisites that have not been stated. The student has the ultimate responsibility for scheduling and meeting the graduation requirements.** | | | | | | | | |
| **Name:**  **ID:** |
|  |