|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **2015-2016** | **Bachelor of Arts (B.A.) in:**  **Corrective Exercise and Performance Enhancement** | |  | | | | | | | | |
| **Courses in BOLD are required by this major**  **Courses in regular type are to fulfill general education requirements and DO NOT have to be taken the specific semester stated.**  ***Courses in ITALIC are strongly recommended***  **ALSO REQUIRED FOR GRADUATION**   * **120 credit hours** * **39 Upper division credits** * **2.00 GPA** * **Completion of all major & gen ed requirements** |
| **First Year Fall**  ***(consider a WT)*** | **GE Goal** | | **Sem Hours** | **Date Met** | **First Year Spring** | | | **GE Goal** | **Sem Hours** | **Date Met** |
| **PHED1230 Body Wgt Phys. Training** |  | | **2** |  | **HLTH1100 First Aid** | | |  | **1** |  |
| **PHED1200 Motor Learning** |  | | **2** |  | HLTH1300 Lifetime Health and Fitness | | | 3f | 2 |  |
| **PHED0490 Stress Mgt & Relaxation** | **3f** | | **1** |  | History/Political Science | | | 1b | **3** |  |
| Mathematics | 3a | | 3 |  | Speech Communication | | | 3b | 3 |  |
| INTD1100 Critical Thinking in Arts & Sciences\* |  | | 3 |  | Mathematics | | | 3a | 3 |  |
| Elective | | |  | 3 |  |
| ENGL1410 Modern Rhetoric OR  ENGL1440 English Honors | 3C | | 3 |  |  | | | | | |
| **Total Hours** |  | | **14** |  | **Total Hours** | | |  | **15** |  |
| **Notes:** | | | | | | | | | | |
| **Second Year Fall**  ***(consider a WT)*** | **GE Goal** | | **Sem**  **Hours** | **Date Met** | **Second Year Spring** | | | **GE Goal** | **Sem Hours** | **Date Met** |
| **BIOL Anatomy and Phys I** | **1a** | | **3** |  | **BIOL2560 Nutrition** | | | **1d** | **3** |  |
| **PHED1250 Calisthenics I** |  | | **2** |  | **PHED2250 Calisthenics II** | | |  | **2** |  |
| Social/Behavioral Science\*\* | 1c | | 3 |  | Humanities | | | 2b | **3** |  |
| Arts | 2a | | 3 |  | **PHED2720 Physical Training Practicum I** | | |  | 1 |  |
| Human Diversity | 4 | | 3 |  | Elective | | |  | 3 |  |
| **Total Hours** |  | | **14** |  | **Total Hours** | | |  | **12** |  |
| **Notes: Be sure to connect with your faculty advisor early on during the third year to discuss internship opportunities! Internships need to be approved in order to receive academic credit.** | | | | | | | | | | |
| **Third Year Fall**  ***(check your degree audit!)*** | **GE Goal** | | **Sem**  **Hours** | **Date Met** | **Third Year Spring** | | | **GE Goal** | **Sem Hours** | **Date Met** |
| **\* See Catalog for specific information**  **+denotes courses offered only every other year** | **PHED3340 Anat. & Mech. Kinesiology** |  | | **3** |  | **HMSC4900 Research I** | | |  | **2** |  |
| Ethics | 3e | | 3 |  | **PHED3280 Foundations of PE** | | |  | **3** |  |
| **PHED4500 Performance Enhancement Prog.** |  | | **3** |  | ENGL3XXX Advanced Comp | | | 3d | 3 |  |
| **PHED 3720 Physical Training Practicum II** |  | | 1 |  | **PHED4120 Speed, Agility, Endurance**\*changing to 3xxx course number | | |  | **2** |  |
| Elective |  | | 3 |  | UD Elective | | |  | 3 |  |
|  |  | | | | | Elective | | |  | 3 |  |
|  | **Total Hours** |  | | **13** |  | **Total Hours** | | |  | **16** |  |
|  | **Notes:** | | | | | | | | | | |
|  |
|  | **Fourth Year Fall**  ***(apply for graduation!)*** | **GE Goal** | | **Sem**  **Hours** | **Date Met** | **Fourth Year Spring** | | | **GE Goal** | **Sem Hours** | **Date Met** |
|  | **HMSC4910 Research II** |  | | **1** |  | **PHED4800 Wellness Mgt. Intern** | | |  | **3** |  |
|  | **RECR3400+ Prog Process: Prin & Appl** *(even fall)* |  | | **3** |  | Elective | | |  | 3 |  |
|  | UD Elective |  | | 3 |  | **PHED4360 Exercise Physiology** | | |  | **3** |  |
|  | **PHED4720 Physical Training Practicum III** |  | | **1** |  | UD Elective | | |  | 3 |  |
|  | **HMSC4320 Organization and Administration of PE & Sport** |  | | **3** |  | UD Elective | | |  | 3 |  |
|  | UD Elective |  | | 3 |  |  |  |  | | |  |
|  | **Total Hours** |  | | **14** |  | **Total Hours** | | |  | **15** |  |
|  | **Notes:** | | | | | | | | | | |
| **Updated:**  **3/6/14** |
| **\* Graduation requirement for all first time freshmen**  **\*\*** *PSYC1300 Intro Psychology recommended*  **DISCLAIMER: These plans are to be used as guides only and are subject to changes in curriculum requirements. Refer to your Graceland Catalog for complete and accurate information. Some courses listed on the plans may have prerequisites that have not been stated. The student has the ultimate responsibility for scheduling and meeting the graduation requirements.** | | | | | | | | | | |
| **Name:**  **ID:** |
|  |

