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| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **2013-2014** | **Bachelor of Arts (B.A.) Degree:**  **Health** | | *The Health major is based on the assumption that all factors dealing with human endeavor and well-being are interdependent. It is built around a core of courses in biology, health, physical education and psychology. The program provides a well-rounded background in health related areas. In a society that is becoming more concerned with health practices, this major has many new career options available in education, business, government and community health programs.* | | | | | | |
| **Courses in BOLD are required by this major**  **Courses in regular type are to fulfill general education requirements and DO NOT have to be taken the specific semester stated.**  ***Courses in ITALIC are strongly recommended***  **ALSO REQUIRED FOR GRADUATION**   * **124 credit hours** * **2 Winter Terms** * **39 Upper division credits** * **2.00 GPA** * **Completion of all major & gen ed requirements** |  | |  | | | | | | |
|  | **First Year Fall**  ***(consider a WT)*** | **GE Goal** | | **Sem Hours** | **Date Met** | **First Year Spring** | **GE Goal** | **Sem Hours** | **Date Met** |
|  | **BIOL1400 Fund of Bio Science** | **1a** | | **3** |  | PSYC1300 Intro to Psych | 1c |  |  |
|  | **HLTH1200 Prin. of Hlthfl Living** | **3f** | | **2** |  | Mathematics | 3a |  |  |
|  | ENGL1410 Modern Rhetoric OR  ENGL1440 English Honors | 3C | | 3 |  | Speech Communication | 3b | 3 |  |
|  |  |  | |  |  | Arts | 2a |  |  |
|  | **PHED0490 Stress & Relaxation** | **3f** | | **1** |  | History/Political Science | 1b |  |  |
|  | INTD1100 Critical Thinking in Arts & Sciences\* |  | | 3 |  |  | | | |
|  | Mathematics | 3a | |  |  |  | | | |
|  | **Total Hours** |  | |  |  | **Total Hours** |  |  |  |
|  | **Notes:** | | | | | | | | |
|  | **Second Year Fall**  ***(consider a WT)*** | **GE Goal** | | **Sem**  **Hours** | **Date Met** | **Second Year Spring** | **GE Goal** | **Sem Hours** | **Date Met** |
|  | **BIOL2300 A&P I** | **1d** | | **3** |  | **BIOL2560 Nutrition** |  | **3** |  |
|  | **HLTH2200 Cont. Issues in Health** |  | | **2** |  | **PSYC2250 Dev. Psych** |  | **3** |  |
|  | **HLTH1100 First Aid OR HLTH1110** |  | | **1** |  | **SOCI2320 Marriage and Family\*\*\*\*** |  | **3** |  |
|  | **HLTH3300+ Theory & Prac of Safety** *(even fall)* | 3a | |  |  | Elective |  |  |  |
|  | Humanities | 2b | |  |  | Elective |  |  |  |
|  | Human Diversity | 4 | |  |  |  | | | |
|  | **Total Hours** |  | |  |  | **Total Hours** |  |  |  |
|  | **Notes:** | | | | | | | | |
|  | **Third Year Fall**  ***(check your degree audit!)*** | **GE Goal** | | **Sem**  **Hours** | **Date Met** | **Third Year Spring** | **GE Goal** | **Sem Hours** | **Date Met** |
| **\* See Catalog for specific information**  **+denotes courses offered only every other year** | *BIOL3310 Fund of Genetics\*\** |  | | *4* |  | **BIOL2360 Fund. Of Microbiology** |  | **4** |  |
|  | Values & Ethics |  | |  |  | **HLTH3200 Comm. Health** |  | **3** |  |
|  | ENGL3XXX Advanced Comp | 3d | |  |  | **HMSC4900 Research I** |  | **2** |  |
|  | Elective |  | |  |  | Elective |  |  |  |
|  | Elective |  | |  |  | Elective |  |  |  |
|  | **Total Hours** |  | |  |  | **Total Hours** |  |  |  |
|  | **Notes:** | | | | | | | | |
|  |  | | | | | | | | |
|  | **Fourth Year Fall**  ***(apply for graduation!)*** | **GE Goal** | | **Sem**  **Hours** | **Date Met** | **Fourth Year Spring** | **GE Goal** | **Sem Hours** | **Date Met** |
|  | **HMSC4910 Research II** |  | | **1** |  | **HLTH3900 Adv. Topics in Health** |  | **3** |  |
|  | **HLTH4700 Intern. In Health\*\*\*** |  | | **6** |  | *BIOL3330 Biopsychology\*\** |  | *3* |  |
|  | Elective |  | |  |  | Elective |  |  |  |
|  | Elective |  | |  |  | Elective |  |  |  |
|  | Elective |  | |  |  | Elective |  |  |  |
|  | **Total Hours** |  | |  |  | **Total Hours** |  |  |  |
|  | **Notes:** | | | | | | | | |
| **Updated:**  **06/04/2013** |  | | | | | | | | |
|  | \* Graduation requirement for all first time freshmen  \*\* Both BIOL3310 Fund of Genetics and PSYC3330 Biopsychology are recommended electives for the Health major.  \*\*\* Health Internship can be taken in 2 sessions (3 s.h. each).  \*\*\*\*Please take Marriage and Family either sophomore or junior year to avoid conflicts  **DISCLAIMER: These plans are to be used as guides only and are subject to changes in curriculum requirements. Refer to your Graceland Catalog for complete and accurate information. Some courses listed on the plans may have prerequisites that have not been stated. The student has the ultimate responsibility for scheduling and meeting the graduation requirements.** | | | | | | | | |
| **Name:**  **ID:** |  | | | | | | | | |
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